



PE curriculum overview 2024/2025



	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
R	Introduction to PE- unit 1 Fundamentals- unit 1	Introduction to PE- unit 2 Fundamentals- unit 2	Ball skills- unit 1 Dance- unit 1	Ball skills- unit 2 Dance- unit 2	Games- unit 1 Athletics	Games- unit 2 Gymnastics- unit 1
1/2	Fundamentals Invasion team games		Ball skills Dance Gymnastics		Fitness Team games/ net and wall games Athletics	
3	Handball / Ball skills Dance	Hockey/ Ball skills Gymnastics	Tag rugby Dance	Tag rugby Gymnastics	Athletics/ tennis Cricket	Rounders OAA
4	Handball / Ball skills Dance	Hockey/ Ball skills Gymnastics	Tag rugby Dance	Tag rugby Gymnastics	Athletics/ tennis Cricket	Rounders OAA
5	Handball Dance	Tag rugby Dance	Tennis Gymnastics	Cricket Gymnastics	Athletics OAA	Rounders
6	Handball Dance	Tag rugby Dance	Tennis Gymnastics	Cricket Gymnastics	Athletics OAA	Rounders OAA